



THE PHILIPPINE SOCIETY OF MEDICAL TECHNOLOGY STUDENTS

Website: <http://phismets-national.weebly.com>

Email: phismets_national@yahoo.com



MR. & MS. PHISMETS Guidelines and Mechanics

A. Over-all Guidelines

1. The candidates and his/ her school must be a bona fide member of PHISMETS National.
2. Each School must only have one male and one female representative for the pageant. The participating school shall be responsible for screening the candidates in accordance to the rules and guidelines set by the PHISMETS National Organization.
3. The contestants, upon the endorsement of their respective Schools must fill-in the official entry form on the date specified by the organizers.
4. The participating school shall have two coordinators who will accompany the candidates during their scheduled rehearsals, pre pageant and other related activities that are duly endorsed and approved by the Philippine Society of Medical Technology Students.
5. Design of attires and costumes specially the TRASHION Attire to be worn during the competition should be submitted to the pageant committee head for screening and approval. The design and sketch will be treated as confidential. Once the design is approved, it must be worn during the pageant. Non-compliance would mean no rating for that particular area of competition.
6. The organizing committee has the right to call the attention of the candidates in cases of any untoward behavior that would cause disturbance of the scheduled activity.
7. Prior to the pageant day, there will be Pre pageant day for Casual and Talent Portion
Note: that whoever will be the winner for talent portion will present on Pageant proper
8. Candidates should have no records of minor and major offenses in their respective schools.
9. Points breakdown for each portion of the pageant will be as follows:
 - a. Talent Portion----- 10%
 - i. Difficulty of talent
 - ii. Over -all performance
 - iii. Stage Presence
 - b. TRASHIONshow Competition ----- 25%
 - i. Creativity and Theme relevance
 - ii. Stage presence



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- c. All over Poise, Bearing and Projection ----- 25%
 - i. Beauty and physique
 - ii. Bearing and attire
 - iii. Stage Presence
- d. Question and Answer ----- 30%
 - i. Clarity
 - ii. Relevance of the answer to the question
- e. Audience Impact ----- 10%
 - i. The only subjective part of the criterion
 - ii. Applauses and cheers of the Audience

Note: The Best in Casual and Talent would consider special awards on final pageant.

TALENT PORTION

1. The Talent and casual competition shall be held on a separate date but prior to the pageant day. The presentation of the talent and casual shall heed the following guidelines:
 - The presentation is in a pair form, but they can have back up dancer's if they want
 - This portion is limited to a maximum of two to three minutes per contestant.
 - Contestants are not able to wear and to use harmful props/materials which can harm them and other people. They can wear whatever they feel comfortable in performing their talent.
2. Points Breakdown for the Talent Portion will be as follows:
 - a. Talent (20%)
 - i. Ability to do the activity or skills required
 - ii. Rhythm
 - iii. Appropriate gestures
 - iv. Memorization
 - v. Artistic delivery
 - b. Uniformity (20%)
 - i. Synchronized movement
 - ii. consistency in formation



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- c. Creativity (20%)
 - i. Uniqueness
- d. Showmanship (15%)
 - i. Stage personality
 - ii. Poise
 - iii. Confidence
 - iv. Expression
 - v. Gestures
 - v. Stage presence
- e. Costume (15%)
 - i. Appropriate for youth audience
 - ii. Fits the performance well and is flattering
- f. Material Chosen (10%)
 - i. Appropriate for youth audience
 - ii. Ability of performer to carry the costume

Sub-Total Score: 100%

CASUAL WEAR

1. The presentation of the casual wear shall heed the following guidelines:

- Contestants will wear their casual attire right after the talent portion.
- Delegates must be able to project their own personal sense of style.
- The value of the outfit should complement the contestant's individuality.
- Modeling should be simple and not overly complicated. Turns and 'poses' are fine, but no "Pro-am" modeling.

2. Points Breakdown for the Talent Portion will be as follows:

- a. Stage Presentation and Modeling (25%)
 - i. Attention given to contestant's ability to walk to the beat of the music, modeling turns
 - ii. Having FUN
- b. Personality, Stage Presence (25%)
 - i. Attention given to natural smile and eye contact.



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- c. Interaction with the judges (25 %)
 - i. Ability to 'connect' to audience
 - ii. Ability to 'draw' people to them by their presence and charisma
- d. Overall Appearance: Personal style and grooming. (25%)

TRASHionshow

1. The following are the guidelines for the TRASHionshow

- Design must be made by the Med. Tech/ MLS students of their respective school
- A complete outfit must be worn by each model (male- upper and lower wear, female- upper and lower wear or dress)
- The design must be 100% recyclable materials like papers, plastic and etc.
- Sharps, broken glass, metals and other materials that could harm the model are strictly prohibited
- All design must be descent and not revealing, as well as could support the weight of the materials to be used
- All submitted outfit include the lining for the safety of the models, preferably "katcha" but this lining must not be seen
- Models are not allowed to strip/remove any clothing during the run away show. Remember that they shall be modeling the clothing they are wearing.
- Exemption: when the clothing to be strip off/remove is an out wear like jackets, etc.
- Violation to this rule shall lead to automatically disqualification.

2. Points breakdown for the TRASHionshow are as follows:

- a . Creativity and Theme relevance (50%)
- b . Stage presence (50%)

Evening Gown

1. The presentation of the talent and evening gown shall heed the following guidelines:

- Gowns for Top 5 Candidates will be provided by the pageant organizer through sponsorship.
- Delegates must carry themselves with dignity, grace, poise and elegance. Judges will not be evaluating the cost or designer label of the gown, but rather



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how well it suits the delegate (e.g., fit, color, style) as well as delegate's on-stage presentation

- Contestants will follow a runway pattern when modeling. Judges will be made aware of the pattern.

2. Criteria for the Evening Gown are as follows:

- Confidence, Choice of Evening Gown, Poise, Posture, Personality, Charm, Style,
- Charisma, Grace, Execution and Overall Appearance.
- How well did the contestant model her gown in terms of technique and elegance?
- How well did the contestant's gown flatter her figure?
- How well did the contestant convey confidence with body type and choice of gown?

Program Proper

1. The final pageant shall be divided into four parts:

- I. Production number
- II. TRASHion Show Competition
- III. Evening gown competition
- IV. Question and Answer Portion

2. Two elimination process will happen, first in choosing magic 10 the first ten highest score in production number plus the "TRASHionshow" show will proceed to gown competition, second is choosing the magic 5 from gown competition first top five in gown competition will proceed to question and answer portion where winners will be chosen.

3. The judges must not be in anyway related to any of the candidates.

4. The judges' decision shall be made public only on the final pageant.

5. The candidate and/or her sponsor shall provide/take care of

- Shoes or sandals and accessories to be used during the pageant;
- Casual wears during the Pre pageant;
- Costume and props for talent presentation;
- TRASHion attire during the final pageant



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6. The candidates shall be judged in two (2) instances:

(1) During the pre-pageant day (Talent and casual Competition) on January 17, 2013 (Thursday) and (2) during the pageant day on January 18, 2013 (Friday) at 1 o'clock in the afternoon.

7. Major and Minor Awards shall be given on the following aspects for both male and female category:

- Best in Casual wear
- Best in Talent
- Best in Production number
- Best in TRASHion attire
- Best in Evening Gown
- Darling of the Crowd
- 2nd Runner up
- 1st Runner up
- Mr. and Ms. PHISMETS 2013